

Me!

Student Materials

Student: _____

Date: _____

ME! Scale

1. I know I am in special education.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
2. I have a disability.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
3. I have an IEP.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
4. I have IEP goals.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
5. I know my IEP goals.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
6. I (or my parents) have a copy of my IEP.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
7. I know what accommodations are.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
8. I can tell my teachers about accommodations I need in class.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
9. I feel good about my future.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
10. People with disabilities go to college.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
11. I can talk about my postschool goals and dreams.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
12. I can explain to others how my disability impacts my school work.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No
13. I am comfortable telling others about my disability.
 - a. Yes
 - b. I think
 - c. Not sure
 - d. No



14. People with disabilities get good jobs after high school.

- a. Yes
- b. I think
- c. Not sure
- d. No

15. List 3 things you are good at when you are at school.

1. _____

2. _____

3. _____

16. List 3 things you need help with when you are at school.

1. _____

2. _____

3. _____

17. List 3 things you are good at when you are somewhere other than school.

1. _____

2. _____

3. _____

18. List 3 things you need help with when you are somewhere other than school.

1. _____

2. _____

3. _____

19. The most important thing in my life is: _____



Worksheet 1-2

My Improvement Plan

Name _____ Date _____

Take a minute to look at the items you circled on the ME! and YOU! Scales. You should have circled three items. Write those three items and the scale they came from below.

1. _____

2. _____

3. _____

Brainstorm ways you can include your parents, friends, family and school to help you improve on the items you listed above. You can make a list, a web, an outline or any other brainstorming method that works best for you.

Unit 10: Knowledge Quiz

MATCHING Mark the most appropriate answer.

- | | |
|----------------------------|---------------------------|
| a. Accommodation | h. Responsibilities |
| b. ADA | i. Rights |
| c. Barrier | j. Section 504 |
| d. Child Find | k. Self-advocacy |
| e. IDEA | l. Self-awareness |
| f. Nonverbal communication | m. Summary of Performance |
| g. Prejudice | n. Verbal communication |

- _____ 1. Knowledge a person has about himself or herself. Things he/she does well, needs to improve, enjoys, and or dislikes doing.
- _____ 2. The deliberate or purposeful choice to speak up for personal needs and/or ideas.
- _____ 3. Anything that prevents or hinders movement and/or action.
- _____ 4. Beliefs and/or attitudes people have toward other people and/or situations without knowledge and facts about those people or situations. (race, social class, gender, ethnicity, etc.)
- _____ 5. Adjustments or changes made to **how** a student completes his/her work. These changes and adjustments can include presentation, response, setting, time, and equipment.
- _____ 6. A federal law that requires schools to provide special education to students with disabilities.
- _____ 7. Part of IDEA that states that school districts are responsible for identifying students with disabilities.
- _____ 8. A document that describes a students goals, disability, accommodations, and evaluation scores.
- _____ 9. Things a person is accountable for.
- _____ 10. The use of written or spoken words to express thoughts or messages.
- _____ 11. The use of body language to express thoughts or messages.
- _____ 12. An anti-discrimination law that requires schools to provide students with disabilities access to education.
- _____ 13. A civil rights law that protects people with disabilities by requiring places to be accessible to people with disabilities.

TRUE & FALSE Circle the most appropriate answer.

- T F** 14. Self-awareness plays an important role in a person's ability to self-advocate.
- T F** 15. My communication skills influence how well others listen to me.
- T F** 16. War has influenced the way people in the United States view disability.
- T F** 17. There is only one type of IEP meeting.
- T F** 18. High school students with disabilities have a legal right to modifications.
- T F** 19. Postsecondary students with disabilities have a legal right to modifications.
- T F** 20. Colleges are responsible for finding out if a student has a disability.
- T F** 21. Section 504 and the ADA are both anti-discrimination laws that focus on access for individuals with disabilities.
- T F** 22. Good communication skills are an important part of self-advocacy.
- T F** 23. During a job interview, an employer is allowed to ask if you have a disability.
- T F** 24. During a job interview, an employer is allowed to ask about your abilities and skills.
- T F** 25. There are laws that protect the rights of students with disabilities.
- T F** 26. Students with disabilities have a legal right to accommodations at Tech Centers.
- T F** 27. Students with disabilities have a legal right to accommodations at colleges.
- T F** 28. Clearly defining one's goals is an important step in reaching those goals.
- T F** 29. Setting timelines is part of the goal setting process.

MULTIPLE CHOICE Circle the most appropriate answer.

30. How many people in the United States have a disability?
- a. 1 in 5
 - b. 1 in 10
 - c. 1 in 50
 - d. 1 in 100

31. The. _____ section of an IEP describes testing results and how a student is doing in school.
- a. Goals and Objectives
 - b. Course of Study
 - c. Parent Concerns
 - d. Present Levels of Educational Performance
32. Which of the following is NOT a section on your IEP?
- a. Goals and Objectives
 - b. Parent Concerns
 - c. Strengths
 - d. Student Concerns

SHORT ANSWER Provide a brief answer for the following questions.

33. What does IEP stand for?

I _____

E _____

P _____

34. List at least 3 people who are part of your IEP team.

a. _____

b. _____

c. _____

35. The three types of postsecondary goals listed on an IEP are _____,
_____, and _____.

36. What classes are listed on your Course of Study for next school year?

37. List one reason a person with a disability might choose to disclose his/her disability at work.

38. List one reason a person with a disability might **NOT** choose to disclose his/her disability at work. _____

ESSAY Use complete sentences to answer the following question.

39. Briefly describe a situation that might require you to request accommodations. This situation can be related to education, work or finding a place to live. (1.) Identify the place/situation. (2.) Identify the person you would have to speak to. (3.) Describe the type of accommodation you would request. (4.) Explain why the accommodation is needed.

[illegible]