

**Unit 5: Improving My Communication Skills TE**  
Checking Your Knowledge Quiz

**Give an example of each:**

1. Verbal communication: \_\_\_\_\_

\_\_\_\_\_

2. Nonverbal communication: \_\_\_\_\_

\_\_\_\_\_

**Provide a short answer for the following questions.**

3. List two examples of good communication skills

\_\_\_\_\_

\_\_\_\_\_

4. List two examples of poor communication skills

\_\_\_\_\_

\_\_\_\_\_

5. Why are good communication skills important?

\_\_\_\_\_

\_\_\_\_\_

6. What does the acronym SHARE stand for?

**S:** *Sit/stand up straight*

**H:** *Have a pleasant tone of voice*

**A:** *Activate your thinking*

**R:** *Relax*

**E:** *Engage in eye communication*

**Circle the correct answer.**

7. The way I talk to others influences how well they listen to me. True False