

Me!

Student Materials

Self-Awareness Research Project Requirements & Checklist

What's this project all about? *ME!*

My Abilities & Strengths

- ☐ What are my strengths and abilities?
- ☐ Who else has these abilities and strengths?
- ☐ How do my abilities and strengths affect me now?
- ☐ How do my abilities and strengths affect my future?

My Disability

- ☐ What is my disability?
- ☐ Who else has this disability?
- ☐ What are some common characteristics of this disability?
- ☐ How does my disability affect me now?
 - What should I know and do about this?
- ☐ How might my disability affect me in the future?
 - What should I know and do about this?

My Future

- ☐ What is my educational goal for after high school?
 - What are my 3 steps for reaching my educational goal?
- ☐ Where do I want to live after high school?
 - What are my 3 steps for reaching my living goal?
- ☐ Where do I want to work after high school?
 - What are my 3 steps for reaching my employment goal?

Other Thoughts (optional)

- ☐ Is there something else about yourself that you would like to share? If so, add a section to include this information in your project.

What do I have to do?

- ☐ Decide the format of your project (written report, Power Point, newsletter, brochure, etc.)
- ☐ Complete each section on worksheet 6-1b or 6-1c
- ☐ Complete necessary research-you must use at least 3 sources
- ☐ Put your information in the format you chose for your project
- ☐ Turn in a first draft of your project
- ☐ Revise your project based on the graded version of your first draft
- ☐ Present your completed project to the class
- ☐ Evaluate your classmates presentations
- ☐ Evaluate your own presentation

What do I have to turn in?

- ☐ First draft of your project
- ☐ Final draft of your project (with edits made from your first draft)
- ☐ Your Works Cited page
- ☐ Your self-evaluation
- ☐ Evaluations of your classmates presentations

What am I graded on?

- ☐ Quality of your final project
- ☐ Quality of research
- ☐ Quality of presentation
- ☐ Works Cited page
- ☐ Peer Evaluations
- ☐ Self-evaluation

Self-Awareness Project Planning Guide

Use this form to organize the information for your project. This page is designed to help you develop a clear and concise introduction for your project. Write 1 sentence in the box in the right column about the topic listed in the first column.

Introduction/Thesis	
Overall purpose of this project	
My Abilities and Strengths	
My Disability	
My Future	

Self-Awareness Project Planning Guide

Use this form to organize the information for your project. Use the boxes below each question to write your answers and any resources you may have used to answer the question.

Subtopic: My Abilities

Question 1	Question 2	Question 3	Question 4
What are my abilities and strengths?	Who else has these abilities and strengths?	How do my abilities and strengths affect me now?	How might my abilities and strengths affect me in the future?

Self-Awareness Project Planning Guide

Use this form to organize the information for your project. Use the boxes below each question to write your answers and any resources you may have used to answer the question.

Subtopic: My Disability

Question 1	Question 2	Question 3
What is my disability?	Who else has this disability?	What are some of the common characteristics of this disability?

Self-Awareness Project Planning Guide

Use this form to organize the information for your project. Use the boxes below each question to write your answers and any resources you may have used to answer the question.

Subtopic: My Disability - continued

Question 4	Question 4a	Question 5	Question 5a
How does having this disability affect me now?	What should I know and do about this?	How might my disability affect me in the future?	What should I know and do about this?

Self-Awareness Project Planning Guide

Use this form to organize the information for your project. Use the boxes below each question to write your answers and any resources you may have used to answer the question.

Subtopic: My Future

Question 1	Question 2	Question 3
Where do I want to go to school or get training after high school	Where do I want to live after high school?	Where do I want to work after high school?
My Goal:	My Goal:	My Goal:
Step 1:	Step 1:	Step 1:
Step 2:	Step 2:	Step 2:
Step 3:	Step 3:	Step 3:

Self-Awareness Project Planning Guide

Use this form to organize the information for your project. Use the boxes below each question to write your answers and any resources you may have used to answer the question.

Subtopic: _____

Question	Question	Question	Question

Self-Awareness Project Planning Guide

Use this form to organize the information for your project. This page is designed to help you develop a clear and concise conclusion paragraph for your project. Write 1 sentence in the box in the right column about the topic listed in the first column.

Conclusion	
Overall purpose of this project	
My Abilities and Strengths	
My Disability	
My Future	
What I learned while completing this project.	

Self-Awareness Project – Report Outline

Report title _____

I) Introduction / Thesis**A) Introductory Sentence (over-all purpose of research)**

- 1) Statement sentence-My abilities
- 2) Statement sentence-My Disability
- 3) Statement sentence-My Future
- 4) Statement sentence-_____ (optional topic)

II) Main Ideas**A) My Abilities and Strengths**

- 1) Describe your abilities and strengths
- 2) Identify other people who have the same or similar strengths and abilities
- 3) Describe how your strengths and abilities affect you now
- 4) Describe how your strengths and abilities might affect your future

B) My Disability

- 1) Describe your disability
- 2) Identify other people who have this disability
- 3) Describe some of the common characteristics of this disability
- 4) Describe how your disability affects you now
 - (a) Identify what you should know and do about this
- 5) Describe how your disability might affect you in the future
 - (a) Identify what you should know and do about this

C) My Future

- 1) Describe your educational goal for after high school
 - (a) List three steps to accomplishing this goal
- 2) Describe where you want to live after high school
 - (a) List three steps to accomplishing this goal
- 3) Describe where you want to work after high school
 - (a) List three steps to accomplishing this goal

D) _____

1) _____

(a) _____

2) _____

(a) _____

3) _____

(a) _____

III) Conclusion

A) Restate purpose of research

1) One sentence summarizing first main idea (My Abilities and Strengths)

2) One sentence summarizing second main idea (My Disability)

3) One sentence summarizing third main idea (My Future)

4) One sentence summarizing final main idea (optional/additional main idea)

B) Statements about main ideas you learned

Self-Awareness Project Timeline

<u>Task to be Completed</u>	<u>Due Date</u>	<u>Date I turned in this item</u>
1. Choose the format of your project (written report, Power Point, brochure, newsletter, etc)	_____	_____
2. Complete worksheet 6-1b SA Project Planning Guide <i>or</i> 6-1C SA Project Report Outline	_____	_____
3. Complete the introduction/thesis statement for your project	_____	_____
4. Complete “My Abilities & Strengths” section of your project	_____	_____
5. Complete “My Disability” section of your project	_____	_____
6. Complete “My Future” section of your project	_____	_____
7. Complete “Other Thoughts” section of your project	_____	_____
8. Complete the conclusion section of your project	_____	_____
9. Complete the works cited page for your project	_____	_____
10. Turn in first draft	_____	_____
11. Revise project based on graded first draft	_____	_____
12. Turn in revised draft of project	_____	_____
13. Present your project to the class	_____	_____
14. Complete peer-evaluations	_____	_____
15. Complete self-evaluation	_____	_____
16.	_____	_____

17.

18.

19.

20.

21.

22.

23.

24.

25.

26.

27.

28.

29.

30.

31.

32.

33.

34.

35.

36.

37.

38.

39.

40.

41.

42.

43.

44.

45.

46.

47.

Self-Awareness Project Self-Evaluation Form

Use this form to evaluate yourself based on: (1) your project completion (2) your presentation (3) your participation during your peers' presentations.

Circle a number from 1 to 5 to rate your effort while completing each of the following tasks

	No effort		Some effort		My best effort
Worksheet 6-1b or 6-1c	1	2	3	4	5
Research	1	2	3	4	5
First draft	1	2	3	4	5
Revised draft	1	2	3	4	5
Presentation	1	2	3	4	5
Peer-evaluations	1	2	3	4	5

I am most proud of myself for _____

Something I would do differently next time _____

Use this section to evaluate the content of your presentation.

Did your presentation include:

Introduction YES NO

Description of strengths and abilities YES NO

Description of disability YES NO

Education goal YES NO

Employment goal YES NO

Living goal YES NO

An opportunity to ask the presenter questions YES NO

Please circle a number from 1 to 5 to rate your presentation/communication skills.

	Needs More PracticeGreat				
Eye Contact:	1	2	3	4	5
Posture:	1	2	3	4	5
Nonverbal:	1	2	3	4	5
Volume/Tone:	1	2	3	4	5
Organization:	1	2	3	4	5
Information:	1	2	3	4	5

I really liked _____

Something I could improve or change _____

Was I respectful to my peers while they presented? Explain _____

Was I disrespectful to my peers while they presented? Explain _____

Self-Awareness Project Peer Evaluation Form

Today you will evaluate each of your classmates' presentations based on content and presentation/communication skills. Complete this form for each of the presentations.

Presenter: _____ **Listener:** _____

Please circle a number from 1 to 5 to rate the presenters communication skills.

**Needs More
PracticeGreat**

Eye Contact:	1	2	3	4	5
Posture:	1	2	3	4	5
Nonverbal:	1	2	3	4	5
Volume/Tone:	1	2	3	4	5
Organization:	1	2	3	4	5
Information:	1	2	3	4	5

Use this section to evaluate the content of this presentation.

Did the presentation include:

Introduction YES NO

Description of strengths and abilities YES NO

Description of disability YES NO

Education goal YES NO

Employment goal YES NO

Living goal YES NO

An opportunity to ask the presenter questions YES NO

I really liked _____

Something you could improve or change _____
