

UNIT 1 LESSON 1

Name: _____

Date: _____

Watch the video and then answer these questions!

What is the video about?

What are some of the obstacles that Steven Claunch faced growing up?

Did his physical disabilities stop Steven from playing basketball?

What advice did Steven give you about people who tell you that you can't do something?

What was your favorite part in the video?

Steven said, "I focus on what I can do and not on what I cannot do."
Why do you think this is important?

What do you think Steven meant when he said, "Everybody has obstacles... let the obstacle overcome you or overcome the obstacle."

Steven also said, "...I don't just have a disability, I have an ability."
Give me an example of one of your abilities.

UNIT 1 LESSON 2

Name: _____

Date: _____

Choose a scientist from the slideshow.
Then answer these questions about your scientist!

Which scientist did you choose?

What is your scientist most famous for?

Give an example of how your scientist persisted.

What would have happened if your scientist had given up before their major breakthrough or invention? How would society be different?

Can you identify a time you or someone close to you persisted?

UNIT 1 LESSON 3

Name: _____

Date: _____

Persistence means being firm in your course of action despite difficulties or obstacles.

What songs gets you hyped up to persist when you are facing an obstacle?

Song:

Artist:

How does this song show persistence?

Identify specific lyrics in the song that show persistence.

Why does this song motivate you to persist?

PERSISTENCE

MY PERSISTENCE PLAN

Name: _____

Date: _____

START

What is a situation in which you may need persistence?

What problems could you face in this situation?

How can you stay motivated to persist?

What strategies can you use to overcome this challenge?

Who can you ask to help you?

Why is it important for you to stay persistent in this situation?

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