

Session 18

HOW TO GET WHAT YOU NEED, Sec. 101 – Community resources you want

WHOSE FUTURE GOAL 13: You will identify community resources that you would like to have included in your educational plan.



You probably thought that since you finished the four outcomes that *Whose Future Is It Anyway?* focuses on, you probably wouldn't spend any more time talking about community resources! Well, almost!

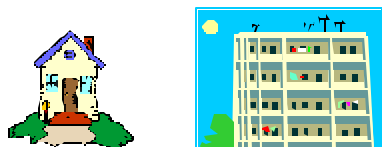
You do, of course, remember the four adult outcomes, don't you?

Sure you do.

An **employment outcome** is what you expect to do about work.



A **residential or living outcome** is where you expect to live. At home, with a roommate, in a house or an apartment.



A **post-secondary outcome** is what you expect to do about more school after you graduate. Like going to college or vocational school, or just taking classes to

learn something you want to know more



A **recreation or leisure outcome** is what you expect to do with your spare time (and money!). Like exercising, doing sports, traveling or going to movies.



Don't worry, I'm not going to do that stuff about the transition planning process right now. Maybe later, but not now.

Over the last four weeks you have learned that there are scads and scads of community resources that provide MULES




in each of these outcome areas.



MULES




in the adult world stand for: My


Unique
Life
Elevating
Supports

The adult MULES  give you the support you need to reach your goals. That's why we call them **LIFE ELEVATING** supports. They should

UP

YOU

LIFT
 to greater things! These adult MULES

 are set up to provide support to people with disabilities.

But, hopefully, you also figured out that you


have to be the MULES  driver if you really want to reach the outcomes you want.

Simple enough, right? I mean, four outcome areas. There are a lot of things that have to happen in those four areas, but still, four is easy, right?

But, what have we learned? You got it! Nothing is ever simple. Not when it comes to educational planning and adult living!


There are a lot of adult outcomes other than the four you've been looking at. Some IEP's might list them.

Some I've seen include adult responsibility

outcomes, like voting  or driving a

 car, medical services

outcomes,  transportation

 and income/ resource outcomes.

Guess what? There are community resources for each of these!

Where does it all end, you ask? It ends with **you** and with what is important for you to succeed as an adult!



Take part of this time to think about other adult outcomes where you might use community resources to provide supports. If you want, you can use the time to look back at the community resources you discovered when you looked at the four outcome areas. You could even finish up some of that work if you need to. I mean, it's your program.

Make sure you leave some time at the end of the session to finish up.

Done? Good!

Now, one last thing with community resources. So far you've looked at the community resources that were identified in your last IEP meeting. If you were a part of that meeting and these supports are exactly the types of things you need to meet the adult outcomes you want...great!

If not, maybe you need to think of the supports you will need to meet the outcomes you want.

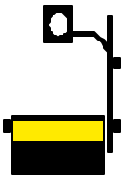


You learned a lot about community resources while you were doing this (I hope!). Think back about what you learned, the types of supports you think you might need, and the outcomes you might want. Go back to some of the summary sheets if you want.

In each of the four adult outcome areas we talked about, list the community resources that you think might provide



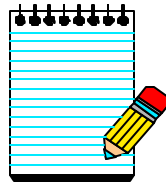
the MULES you could use to become more independent as an adult. You can use the sheet that is at the end of this session or write it on your own.






Okay. Let's look at what you've covered this session.

- ☒ You identified some more a_____ outcomes, like adult responsibilities, medical services outcomes, transportation outcomes and income/resources outcomes.
- ☒ You thought about some c_____ r_____ that might provide some support for these outcomes.
- ☒ You looked at the community resources that were w_____ in your last IEP.
- ☒ You came up with some community resources that you might want to

include on your next t_____ plan.



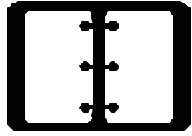
Before the next session, you should have:

-  Finished getting information about at least one community resource agency in each of the four adult outcome areas.
-  Talked with your family, teacher or adults who use community resources about their experiences.
-  Listed some different community resources that might help you achieve the outcomes you want.

Okay. So that's it for now.



Later.



Session 18 Summary Sheet - Community resources you want

WHOSE FUTURE GOAL 13: You will identify community resources that you would like to have included in your educational plan.

- ☒ You identified some more adult outcomes, like adult responsibilities, medical services outcomes, transportation outcomes and income/resources outcomes.
- ☒ You thought about some community resources that might provide some support for these outcomes.
- ☒ You looked at the community resources that were written in your last IEP.
- ☒ You came up with some community resources that you might want to include on your next transition plan.

Community Resources Planning Sheet

Employment and Vocational Outcomes



1. _____

2. _____

3. _____

4. _____

5. _____

Residential and Living Outcomes



1. _____

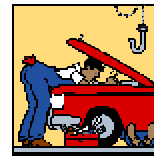
2. _____

3. _____

4. _____

5. _____

Post-Secondary Education Outcomes



1. _____

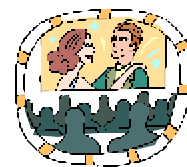
2. _____

3. _____

4. _____

5. _____

Recreation and Leisure Outcomes



1. _____

2. _____

3. _____

4. _____

5. _____