

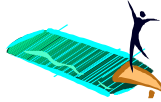
## Session 35

# REVIEW Sessions 1-18

**WHOSE FUTURE GOAL 25:** You will review Sessions 1 to 18.



It's time to get ready. The big moment is almost here. This is kind of like when you are standing at the edge of the high diving board looking down into



the water. You've worked up all your courage to climb up and walk out to the edge. You have practiced and practiced on the low dive and you know how to do the triple-flip dive with your eyes closed. Now, before you dive, you close your eyes and see yourself doing the dive...one flip, two flips, three flips....perfect entry...a 10!

Oops. Got carried away again, didn't I? Well, right before you jump, you go back and think about it one more time...



visualize it in your mind.

That's what you are going to do for the last two sessions. Visualize your



planning meeting.

You know what else? It's time for you to take over. I've been here all along, talking and talking and talking. It's time for you to become your own leader. You've got two sessions to get everything ready for your meeting. You

can take more time if you want...it's up to you. After all, whose future is it anyway?



Here are some questions that might help you review the first 18 sessions. Look at them. If you can answer them, fill in the blanks. If you don't know the answer, go back and figure it out. I've listed the session where you can find the information. Use your time however you think is best.



Work with your teacher or anyone else you want to work with.



Visualize!

Sessions 1 - 6: Whose Future Is It *Anyway?*

What is your planning meeting called?



(Hint: Session 1)

What is an IEP?

(Hint: Session 1)

I \_\_\_\_\_

E \_\_\_\_\_

P \_\_\_\_\_

What does your transition planning form look like? (Hint: Session 1)

\_\_\_\_\_

Why have IEP meetings? (Hint: Session 1)

\_\_\_\_\_  
\_\_\_\_\_

Who is required to be at your meeting? (Hint: Session 1)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Who else do you want at your meeting? (Hint: Session 2)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What must your transition goals be based on? (Hint: Session 3)

My I \_\_\_\_\_ and  
My A \_\_\_\_\_

What are your unique abilities? (Hint: Session 3)



\_\_\_\_\_  
\_\_\_\_\_

What are your unique interests?



(Hint: Session 3)

\_\_\_\_\_

What are MULES? (Hint: Session 4)



M \_\_\_\_\_

U \_\_\_\_\_

L \_\_\_\_\_

E \_\_\_\_\_

S \_\_\_\_\_

Why are stereotypes about people unfair?

(Hint: Session 4)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What are adult outcomes? (Hint: Session 5)

\_\_\_\_\_  
\_\_\_\_\_

What are the four adult outcomes important for transition planning?



(Hint: Session 5)

E \_\_\_\_\_



R \_\_\_\_\_



P \_\_\_\_\_



R \_\_\_\_\_

What are limitations? (Hint: Session 6)

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What supports can you use to overcome some of your limitations? (Hint: Session 6)

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## Sessions 7 -12: **MAKING DECISIONS**

What is a decision? (Hint: Session 7)

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What is the first step to making a decision? (Hint: Session 7)

**D** \_\_\_\_\_

What is the second step to making a decision? (Hint: Session 7)

**O** \_\_\_\_\_

What is the third step to making a decision? (Hint: Session 7)

**I** \_\_\_\_\_

What is the fourth step to making a decision? (Hint: Session 7)

**T** \_\_\_\_\_

What is the last step to making a decision? (Hint: Session 7)

**!** \_\_\_\_\_

What are your living options after

graduation?  (Hint: Session 8)

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What are some outcomes of your living

options?  (Hint: Session 9)

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What is informed consent? (Hint: Session 12)

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## Sessions 13 - 18: **HOW TO GET WHAT YOU NEED, Sec. 101**

What are community resources? (Hint: Session 13)

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What community resources could you use to assist you with your work

choices?  (Hint: Session 14)

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What community resources could you use to assist you with your education and training choices?

 (Hint: Session 15)

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What community resources could you use to assist you with your living

choices?



(Hint: Session 16)

What community resources could you use to assist you with your recreational

choices?



(Hint: Session 17)

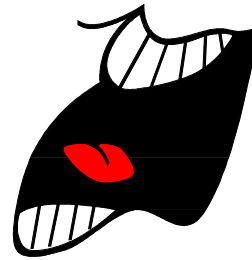
What other community resources could you use to assist you with areas like medical, transportation, and other adult responsibilities?



(Hint: Session 18)

All right. That's enough review for the first three sections. The next (and last!) session will review the other three sections.

Okay. So that's it for now.



Later.