

## Session 36

# REVIEW - Sessions 19-34

**WHOSE FUTURE GOAL 26: You will review Sessions 19 to 34.**



One more time! This is it.  
The last session of **Whose Future Is It Anyway?** Congratulations! Well



done!

Well, almost well done. I mean, you still need to review the last three sections. I know, I know...reviewing is boring.



But, think of it this way...you've got a meeting coming up that could decide the rest of your life. You can either skip this review stuff and take the chance that you will remember everything you need to know to take more control of that meeting, or you can review it one more time just to be sure.

That's what I thought. Better safe than sorry, eh?

I mean, really...whose future is it



anyway?



Here are some questions that will help you review sessions 19 to 34. If you can answer them, fill in the

blanks. If you don't know the answer, go back and figure it out. I've listed the sessions where you can find the information you need. Work with your



coach or anyone else you want to work with.

Sessions 19 to 24: **goals, objectives and the future**



What is a goal?

(Hint: Session 19)

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What are objectives?

(Hint: Session 19)

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Why have goals and objectives?

(Hint: Session 19)

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What makes a well-written goal?

(Hint: Session 19)

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What is the vocational outcome you want to reach?



What is the goal to reach that outcome?  
(Hint: Session 20)

What is the education outcome you want to reach?



What is the goal to reach that outcome?  
(Hint: Session 21)

What is the living outcome you want to reach?



What is the goal to reach that outcome?  
(Hint: Session 22)

What is the recreation outcome you want to reach?



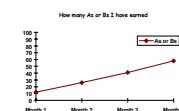
What is the goal to reach that outcome?  
(Hint: Session 23)

What are three ways to track goals?  
(Hint: Session 24)

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Sessions 25 to 30: **COMMUNICATING** (Or: I thought you said she said he said?).

What is communication?



What are five ways of communicating?  
(Hint: Session 25)



What is a mixed message?



(Hint: Session 25)

What is “being assertive?”



(Hint: Session 26)

What is “being aggressive?”



(Hint: Session 26)

Circle the type of behavior that helps you get what you want?

(Hint: Session 26)



*Assertive*



AGGRESSIVE

How can you find out what your rights are?

(Hint: Session 27)

What is the other part of rights?

(Hint: Session 27)

What does being a good salesperson



have to do with communicating at your planning meeting?

(Hint: Session 28)



What are three things that are important for you to learn to “sell” what you want at your meeting?

(Hint: Session 28)



What does negotiate mean? \$



(Hint: Session 29)

What is a compromise?



(Hint: Session 29)

What is a team?



(Hint: Session 30)

What is your team's goal for the



meeting?

(Hint: Session 30)

What are four rules for active listening?

(Hint: Session 30)



Sessions 31 to 34: **Thank you, Honorable Chairperson**

Why bother having meetings? (Hint: Session 31)



What are five kinds of meetings?

(Hint: Session 31)



T



I



C



D



P

What kind of meeting is your transition

planning meeting? (Hint: Session 31)



Who is in charge of planning for your planning meeting? (Hint: Session 32)



What are the four steps to planning for a successful meeting? (Hint: Session 32)

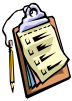


What are seven important things to keep in mind when you make arrangements for your meeting? (Hint: Session 32)





What are three things a person needs to do to have the right kind of attitude to be a good team member? (Hint: Session 33)



What are some ways you can show that you are a good team member? (Hint: Session 33)




What is someone who leads a meeting

called? 


(Hint: Session 34)

What are the responsibilities of the

committee chair? 

(Hint: Session 34)

Who is responsible for leading your

planning meeting? 

(Hint: Session 34)

What are the two most difficult things a chairperson has to do? (Hint: Session 34)



What are some good ways to get team members to participate in the meeting?

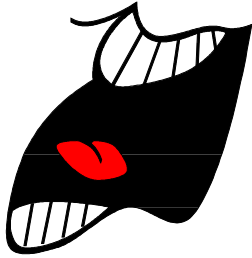
(Hint: Session 34)

How can a leader assist a team to make a decision?

(Hint: Session 34)

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Okay. So that's it for now.



Later.

Oh yeah. I forgot. There isn't a later.  
This is it. The end.



Whose Future Is It *Anyway*? is  
over!

But, your future  
isn't over. It has just begun.



**Good Luck!**



Now, go to that meeting  
and show them everything you know  
about taking control of your life!









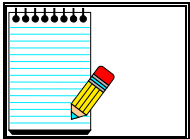


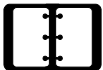






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