

IUD Comparison Chart

	Hormonal				Copper
Brand Name	Mirena	Liletta*	Kyleena	Skyla	Paragard
Hormone and dose	Levonorgestrel 52mg	Levonorgestrel 52mg	Levonorgestrel 19.5mg	Levonorgestrel 13.5mg	None
How long it lasts	6 years	6 years	5 years	3 years	10-12 years
Failure rate (typical use)	0.1% - 0.4% (1-4 pregnancies in 1000)				0.8% (8 pregnancies in 1000)
Device Size	32 x 32 mm	32x32mm	28x30mm	28x30mm	32x36mm
Short-term side effects:	Spotting and irregular bleeding for 3-6 months				Periods that are slightly heavier, longer, and more frequent
Long-term side effects:	Lighter, but irregular periods; 1 in 5 patients stop periods after 1 year	Lighter, but irregular periods; 1 in 5 will stop having a period after 1 year	Lighter, but irregular periods; 1 in 8 patients stop periods after 1 year	Lighter, but irregular periods; about 1 in 16 will stop having a period after a year.	Periods may go back to normal after 6 months or remain heavy and irregular
How fast it prevents pregnancy?	7 days after insertion				Immediately
Fertility after removal:	Immediate				
Recommended for:	Relief of heavy periods	Potential cost benefits; not currently approved for treatment of heavy periods	A smaller device that lasts longer	A smaller device and lower hormone dose	A hormone-free option

*Liletta is currently not offered at Goddard Health Center.

Key terms:

- **Intrauterine Device (IUD)** – a very small T-shaped device a doctor puts in your uterus to prevent pregnancy.
- **Copper IUD** – an IUD option that uses copper to prevent pregnancy without hormones. Copper is toxic to sperm so they do not travel to the egg.
- **Hormonal IUD** – an IUD option that uses the hormone progestin to prevent pregnancy. The hormone thickens the mucus of the cervix to trap and block sperm. It can also prevent the egg from leaving your ovaries.

Actual size!

