

OU IT Password Policy Updates

Body

Updated University Password Policy

OU IT implemented a new University-wide Password Policy for 2021 that aligned OU user password requirements with industry standards for increased cybersecurity. The purpose of this policy is to establish guidance regarding the creation and management of OU accounts to protect the security of the network, protect data integrity, and protect information systems.

The updated OU IT Password Policy was approved in 2020 after collecting feedback from OU and Health Campus faculty and staff through the IT Policy, Standard, & Procedure (PSP) Program. For more information on OU IT's commitment to collaborating with stakeholders to develop IT policies and standards, please visit <https://www.ou.edu/ouit/cybersecurity/policies>.

OU.EDU Accounts

Change your password now: <https://one.ou.edu/account/security>

OU.EDU Staff, Faculty, Student, and Sponsored Accounts

All current and new accounts are subject to these password requirements.

New Password Requirements:

- Minimum of 12 characters
- Must contain at least one upper AND lowercase letter
- Must contain at least one numeral OR one symbol
- Must be changed at least every 365 days
- Cannot be the same as your previous six passwords
- Cannot contain the words boomer, sooner, qwerty, or password
- Cannot contain your name, Health Campus Username, or OUNet ID (ex. Jane Doe would not be able to use "jane", "doe" or doe0023)

For recommendations and guidelines, please see "[How do I create a strong password?](#)".

Special Account Requests

For legacy systems and special circumstances that require 8-character passwords, please use the IT service catalog to [request an 8-character password](#). Please note that 8-character passwords must be changed every 90 days.