Course Title:
Sexism and Homophobia

Course Number:
HR 5723-101

Course Description:
This course will examine the relationship between sexism and heterosexism, homophobia and misogyny. Using a variety of materials and methods, students will be encouraged to familiarize themselves with the history of homosexuality and explore the discrimination faced by gay men and lesbians. We will learn to recognize homophobia and heterosexism in ourselves and others. Additionally, we will explore the impact of homophobia on our working relationships, our personal and professional lives, and on the institutions in which we participate.

Class Dates, Location and Hours:
- Dates: November 30 - December 2 & December 7-9, 2012
- Location: OCCE, Norman, Oklahoma. Classes are held at the Thurman White Forum Building of OCCE, 1704 Asp Avenue.
- Hours: Fri 5:30-9:30 p.m.; Sat 8:30 a.m.-4:30 p.m.; Sun 1:00-5:00 p.m.
- Last day to enroll or drop without penalty: November 1, 2012

Site Director:
Cathy Yeaman. Assistant: Kathie Nicoletti. Phone: 405-325-3333; Fax: 405-325-9148; email: apnorman@ou.edu

Professor Contact Information:
- Course Professor: Jody Anderson, Ph.D.
- Telephone Number: 918-381-0580
- E-mail Address: jodyand@me.com (Do not use OU email address)
- Professor availability: The professor will be available via e-mail to students before and after the class sessions. On-site office hours are half an hour before and after each class session, by appointment.

Textbook(s) and Instructional Materials:
Student materials are available at the Follett/AP Bookstore located in the Oklahoma Memorial Union, 900 Asp Ave., Norman, OK. Orders can be placed online at www.oklahomaunion.bkstr.com or by telephone at 866-369-9713 (toll free in the U.S.) or 405-325-5960 (outside the U.S.). E-mail orders may be sent to oklahomaunion@bkstr.com. Representatives are available from 8 a.m. to 6 p.m. CST Monday through Thursday and 8 a.m. to 5 p.m. CST on Friday. Summer hours: 8 a.m. to 4 p.m. CST. Faxed orders may be placed 24 hours a day to 866-223-5607 (toll free in the U.S.) or 405-325-7140 (outside the U.S.).


Note: The Follett/AP Bookstore is the Advanced Programs contractual textbook provider. Should text changes become necessary after publication of the course syllabus, Advanced Programs will facilitate text returns/refunds only for texts purchased through the Follett/AP Bookstore.
Course Objectives:
- To explore approaches to the prevention of heterosexism and homophobia
- To examine the relationship between sexism and homophobia
- To discover the vast array of societal manifestations of homophobia
- To develop an understanding of discrimination faced by gay men and lesbians in our culture
- To identify factors and/or behaviors that promote and encourage homophobia
- To study techniques for working with the gay and lesbian population in a helping relationship, either in counseling or the work environment
- To examine the psychological effect of homophobia on gay and lesbian individuals.
- To identify how homophobia harms the heterosexual population

Course Format:
The course will be taught utilizing a variety of experiential instructional methods, including discussions, lectures, videotapes, power-point presentations, simulations, role-play, dyads, and small group exercises.

Course Outline:

Weekend One
- Attitudes and Prejudices
- How Sexism and Homophobia are Related
- Myths and Facts on Homosexuality/Heterosexuality
- Heterosexual Privilege
- Isms and the Pyramid of Hate
- How Homophobia Hurts Us All

Weekend Two
- Coming Out
- Counseling with GLBT Clients
- Issues of GLBT Youth
- Stresses on GLBT Adolescents
- Choice/Not A Choice

Videos
- We Are Family
- If These Walls Could Talk
- Straight From The Heart
- Lifetime Commitment: Portrait of Karen Thompson
- The Matthew Shepard Story
- Gay Bashing

Assignments, Grading and Due Dates:

Out of Class Activity
Select one of the following out of class activities and write a 3-4 page reaction paper to your experience. Due Sunday, December 2 - 20%

1. Attend a PFLAG meeting (Parents and Friends of Lesbians and Gays)
2. Go to Barnes and Noble and spend at least an hour browsing through the Gay and Lesbian section of books. What were your feelings during this activity? Did anyone look at you curiously or critically?
3. Interview a GLBT person for at least an hour and ask about their experiences, their life, when they came out, if they have been discriminated against, etc.
Book Critique

From *Homophobia: The State of Sexual Bigotry Today*, select 10 chapters and develop a 2 page discussion of each chapter. It should convey your reactions, thoughts, opinions, and questions on the topics. What caught your attention in this chapter? What make you think? What surprised you? What did you agree with? Or disagree with? What changed your thinking? Please do not summarize the chapters. The assignment should be typed and double spaced. Each chapter is worth 3 points. Due Friday, December 7 - 30%

Bibliography Assignment

Select a topic relating to sexism and homophobia. Research this topic and develop a bibliography of at least five sources that would be valuable in learning about this topic. Most of these should be scholarly references (books, journals, professional articles, etc.), but a couple of them can be non-scholarly (novels, magazine articles, etc.). Due Sunday, December 9 - 20%

Research Paper

The paper will follow the same format of the comprehensive exam in order to prepare you for the comps at the end of your program. It will be 12-15 pages in length, at least 12 references, and follow APA format. You will select your topic with approval from the professor. Please contact me as soon as you decide on a topic so you can begin your preparations. Submit the paper by email to the email address on the syllabus. Put Class Assignment in Subject line. Due Friday, December 14 - 30%

Grading:

This is a letter-graded course: A, B, C, D, or F. A = 90-100, B = 80-89, C = 70=79, D = 60=69, F = Below 60.

NOTE: Late papers are not accepted. The result will be a loss of total points for the papers.

NOTICE: Failure to meet assignment due dates could result in a grade of I (Incomplete) and may adversely impact Tuition Assistance and/or Financial Aid.
POLICIES AND NOTICES

Attendance/Grade Policy

Attendance and participation in interaction, individual assignments, group exercises, simulations, role playing, etc. are valuable aspects of any course because much of the learning comes from discussions in class with other students. It is expected that you attend all classes and be on time except for excused emergencies.

Excused absences are given for professor mandated activities or legally required activities such as emergencies or military assignments. Unavoidable personal emergencies, including (but not limited to) serious illness; delays in getting to class because of accidents, etc.; deaths and funerals, and hazardous road conditions will be excused.

If you are obtaining financial assistance (TA, STAP, FA, VA, Scholarship, etc.) to pay all or part of your tuition cost, you must follow your funding agency/institution’s policy regarding “I” (Incomplete) grades unless the timeline is longer than what the University policy allows then you must adhere to the University policy.

Students who receive Financial Aid must resolve/complete any “I” (Incomplete) grades by the end of the term or he/she may be placed on “financial aid probation.” If the “I” grade is not resolved/completed by the end of the following term, the student’s Financial Aid may be suspended make the student ineligible for further Financial Aid.

Students are responsible for meeting the guidelines of Tuition Assistance and Veterans Assistance. See the education counselor at your local education center for a complete description of your TA or VA requirements.

Academic Honesty

Honesty is a fundamental precept in all academic activities and … [you] have a special obligation to observe the highest standards of honesty. Academic misconduct in any form is inimical to the purposes and functions of the University and is therefore unacceptable and is rigorously proscribed. Academic misconduct includes:

cheating (using unauthorized materials, information, or study aids in any academic exercise), plagiarism, falsification of records, unauthorized possession of examinations, intimidation, and any and all other actions that may improperly affect the evaluation of a student’s academic performance or achievement; assisting others in any such act; or attempting to engage in such acts.

All acts of academic misconduct will be reported and adjudicated as prescribed by the student code of the University of Oklahoma. All students should review the “Student’s Guide to Academic Integrity” found at http://www.ou.edu/provost/integrity

Accommodation Statement

The College of Continuing Education [Advanced Programs] is committed to making its activities as accessible as possible. For accommodations on the basis of disability, please contact your OU Site Director.

Course Policies

Advanced Programs policy is to order books in paperback if available. Courses, dates, and professors are subject to change. Please check with your OU Site Director. Students should retain a copy of any assignments that are mailed to the professor for the course. Advanced Programs does not provide duplicating services or office supplies.

Copyright

Any and all course materials, syllabus, lessons, lectures, etc. are the property of professor teaching the course and the Board of Regents of the University of Oklahoma and are protected under applicable copyright.

For more information about Advanced Programs, visit our website at: http://www.goou.ou.edu/
INSTRUCTOR VITA
Joann (Jody) Anderson, Ph.D.

Education
- 1975 Ph.D., Special Education/Administration, The University of Texas at Austin
- 1969 M.A., Counseling and Student Personnel Services, Michigan State University
- 1965 B.S., Education, Oklahoma State University

Current Positions
- Professor Emeritus, Department of Human Relations
- Licensed Professional Counselor (Inactive)
- Seminar/workshop leader
- Advanced Programs Professor since 1990

Frequently Taught Advanced Programs Courses
- HR 5093 Introduction to Graduate Studies in Human Relations
- HR 5083 Group Counseling
- HR 5443 Adolescent Issues in Human Relations
- HR 5100 Counseling Skills
- HR 5473 Women and Mental Health
- HR 5543 Counseling with Diverse Populations
- HR 5723 Sexism and Homophobia
- HR 5713 Women, Work, and the Family
- HR 5113 Solution Focused Brief Therapy
- HR 5113 Stress Management
- HR 5113 Counseling Diverse Populations
- HR 5533 Counseling Approaches in Human Relations

Major Areas of Teaching and Research Interest
- Cultural diversity in the workplace
- Stress management
- American Indian culture and spirituality
- The body-mind connection
- Archetypes and the collective unconscious
- Ancient wisdom teachings
- The effect of media on women and girls

Representative Publications and Presentations
- Emotional Intelligence
- Silencing our Daughters: Societal Effects on Female Adolescent Development
- Stress Management Techniques for Head Start Parents
- The Media’s Portrayal of Women in Advertising
- Renew Yourself Through Service Oriented Adventures
- Journal of a Dying Patient
- Enhancing Mother Daughter Relationships
- Leadership Diversity in Women
- Differentiated Learning Abilities: Low Risk and High Risk
- Client Centered Counseling

Major Professional Affiliations
Licensed Professional Counselor (Inactive)