

# Oklahoma City Community College to The University of Oklahoma

## TRANSFER PATHWAY

### Associate in arts in Diversified Studies at Oklahoma City Community College to Bachelor of Arts in Social Work with a Psychology minor (optional) at the University of Oklahoma

Credit Hours at OCCC (61) + Credit Hours at OU (61) = 122 Total Credit Hours

Transfer Map Catalog Year: 2025-2026

**Note to Students:** Transfer maps provide a semester-by-semester guide to a university showing how OCCC courses transfer to a specific University of Oklahoma (OU) bachelor's degree program. This transfer map is based on a full-time schedule and is just one example of how a student may successfully complete degree requirements for both programs. Students should work with an OCCC advisor and the university to ensure they are on-time and on-track for transfer. Students are responsible for understanding the program/admission/transfer requirements for the university and for completing requirements in the official degree sheet for each major.

#### Oklahoma City Community College – Semester One

OCCC Course	OU equivalent	Credit Hours
ENGL 1113 English Comp I	ENGL 1113 Principles of English Composition	3
MATH 2013 Intro to Statistics*	S WK 2223* Statistics for Social Work	3
SOC 2313 Introduction to Social Work	S WK 2113 Introduction to Social Work	3
Foreign Language I (General Education or Support course)**	Foreign Language I (General Education or Support course)**	3 - 5
SCL 1001 Success in College and Life	OU Elective credit hour (TRF 1991)	1
<b>Semester Credit Hours at OCCC:</b>		<b>13 - 15</b>

\*Higher level math may be accepted for General Education math requirement, but OU's Social Work program does require an introductory statistics course.

\*\*Student must complete a foreign language sequence through the intermediate 2000-level in Spanish, French, Japanese, or American Sign language.

#### Oklahoma City Community College – Semester Two

OCCC Course	OU equivalent	Credit Hours
ENGL 1213 English Comp II	ENGL 1213 Principles of English Composition	3
PSY 1113 General Psychology	PSY 1113 Elements of Psychology	3
Foreign Language II (General Education or Support course)**	Foreign Language II (General Education or Support course)**	3 - 5
SOC 2313 Introduction to Social Work (support elective)	S WK 2113 Introduction to Social Work	3
SOC 2023 Social Problems (support elective)	SOC 1523 Social Problems (Western Culture)	3
<b>Semester Credit Hours at OCCC:</b>		<b>15 - 17</b>

#### Oklahoma City Community College – Semester Three

OCCC Course	OU equivalent	Credit Hours
HIST 1483 U.S. History to 1877 or HIST 1493 U.S. History 1877-Present	HIST 1483 United States to 1865 or 1493 United States, 1865-Present	3
BIO 1124 General Biology I (Majors), or BIO 1114 General Biology, or BIO 1134 General Biology II (Non-Majors)	BIOL 1124 Intro Biol: Molecule/Cell/Phys, or BIOL 1005 Concepts in Biology, or BIOL 1134 Evolution/Ecology/Diversity	4
Foreign Language III (General Education or Support course)**	Foreign Language III (General Education or Support course)**	3
SOC 1113 Intro to Sociology	SOC 1113 Intro Sociology	3
PSY 2403 Developmental Psychology (support elective)	PSY 2603 Lifespan Development	3
<b>Semester Credit Hours at OCCC:</b>		<b>16</b>

### Oklahoma City Community College – Semester Four

OCCC Course	OU equivalent	Credit Hours
Physical Science (Core II – Natural Sciences) <i>No lab required if completed with biology course.</i>	Physical Science ( <a href="#">Core II – Natural Sciences</a> ) <i>No lab required if completed with biology course.</i>	3
PSY 2743 Social Psychology	PSY 3703 Social Psychology***	3
POLSC 1113 American Federal Government	PSC 1113 American Federal Government	3
SOC 2243 Ethics in Health & Human Service (support elective)	SOC 1999 (no OU course equivalent)	3
SOC 2093 Families & Societies	SOC 3723 Sociology of the Family^	3
<b>Semester Credit Hours at OCCC:</b>		<b>15</b>

\*\*\*Course transfers to OU as lower-division psychology credit hours.

^Course transfers to OU as a lower-division sociology credit hours.

### University of Oklahoma – Semester Five

S WK 3103 Generalist Practice with Individuals and Families	3
S WK 3113 Generalist Practice with Groups	3
S WK 3223 Human Behavior and the Social Environment	3
S WK 3323 Understanding the Social Determinants of Health	3
PSY Minor Upper-Division Course **** or College of Arts & Sciences Upper-Division Humanities (outside major) ****	3
<b>Semester Credit Hours at OU:</b>	<b>15</b>

\*\*\*\*Required 3000- or 4000-level PSY courses, neither Independent Study courses (e.g., 3990, 4990) nor variable credit hours (e.g., 2910, 4910)

may be used to satisfy requirements for minor. Students not wishing to pursue a minor can replace minor courses with free elective credit.

Upper-Division Humanities must be a 3000- or 4000- level course categorized as Artistic Forms, Western Culture or World Culture.

### University of Oklahoma – Semester Six

S WK 3003 Interviewing Skills (pending course name change)	3
S WK 3313 Social Welfare Policy Analysis and Practice	3
S WK 4103 Practice with Organizations and Communities	3
S WK 4311 Practicum Planning	1
PSY Minor Upper-Division Course **** or College of Arts & Sciences Upper-Division Humanities (outside major)****	3
PSY Minor Upper-Division Course **** or College of Arts & Sciences Upper-Division Humanities (outside major)****	3
<b>Semester Credit Hours at OU:</b>	<b>16</b>

### University of Oklahoma – Semester Seven

S WK 4083 Social Work Research Methods I	3
S WK 4313 Practicum Seminar	3
S WK 4315 Practicum	5
PSY Minor Upper-Division Course **** or College of Arts & Sciences Upper-Division Humanities (outside major) ****	3
<b>Semester Credit Hours at OU:</b>	<b>14</b>

### University of Oklahoma – Semester Eight

S WK 4323 Practicum Seminar II (capstone course)	3
S WK 4325 Practicum II (capstone course)	5
S WK 4093 Social Work Research Methods II	3
PSY Minor Upper-Division Course **** or College of Arts & Sciences Upper-Division Humanities (outside major) ****	3
<b>Semester Credit Hours at OU:</b>	<b>1</b>
<b>Semester Credit Hours at OU:</b>	<b>15</b>

### OCCC Milestones and Recommended Actions:

- **Consider Summer Courses:** Summer courses at OCCC can help accelerate your time to transfer, and help you stay on track. Talk to your advisor about planning summer courses.
- **During or After Year One at OCCC:** Consider a campus tour of OU-Norman and connect with an OU transfer admissions officer, to ensure you are on track to transfer. <https://hello.ou.edu/portal/transfer-student-visits>
- **During Year Two at OCCC:** During or right after semester three coursework, apply for admission at OU-Norman as a transfer student <https://www.ou.edu/admissions/apply/transfer>.
- **Final Semester at OCCC:** Congratulations you are about to earn your Associate Degree! Be sure to apply for graduation at <https://www.occc.edu/get/>.
- **Transcripts:** After your final semester, submit an official OCCC transcript to OU with all grades earned posted <https://www.occc.edu/records/transcripts/>.
- **Reverse Transfer:** Students who transfer to a university before completing an associate degree and who have earned at least 15 credit hours from OCCC may be eligible to complete their OCCC degree through Reverse Transfer. Email [OCCC Graduation Services](#) to see if you qualify for a degree through the Reverse Transfer program [https://www.occc.edu/get/reverse\\_transfer/](https://www.occc.edu/get/reverse_transfer/).

### OU Social Work Program Notes and Information:

- The College of Arts & Sciences requires 6 hours of Upper-Division General Education humanities outside of the major department.
- Students must complete a minimum of 60 hours at a four-year institution.
- Students must complete a minimum of 30 hours at OU, 15 of which must be upper-division major courses.

### 1. College of Arts & Sciences (CAS) Requirements:

- a) Humanities is defined as any course selected from Understanding Artistic Forms, Western Civilization or World Culture. These upper-division elective requirements must be from outside of the student's major.
- b) A natural physical science is any that comes from one of the following departments: AGSC, ASTR, CHEM, GEOG, GEOL, GPHY, METR, or PHYS.

### 2. College of Arts & Science Foreign Language Requirement:

- a) Students must complete a minimum of one credit hour at the intermediate (2000- course level) in any foreign language. This is waived for students who receive [CLEP credit](#) or successfully complete a [language skills assessment](#). Students who have not completed this requirement may petition to have the requirement waived if they have completed at least 12 hours in a single foreign language. Otherwise, students must meet the requirement with either a combination of OCCC and OU coursework or entirely at OU.
- b) The following OCCC course sequences will meet the OU CAS 0-13 hour requirement for foreign language:
  - i. French: FREN 1115, 1225, & 2113
  - ii. Spanish: SPAN 1115, 1225, & 2113
  - iii. German: GRMN 1115, 1225 & 2113
- c) Students may use the CLEP exam to meet this requirement. In order to do so, the student must take the national CLEP exam and pass with a minimum score of:
  - i. French – 59
  - ii. German – 63
  - iii. Spanish – 63

### Learn More About Programs in this Transfer Pathway:

OCCC A.A. Diversified Studies <https://www.occc.edu/degree-programs/arts-english-and-humanities/diversified-studies-aa/>

OU Social Work Bachelor of Arts <https://ou-public.courseleaf.com/dodge-arts-sciences/zarrow-social-work/social-work-bachelor-arts/>

OU Psychology Minor <https://ou-public.courseleaf.com/dodge-arts-sciences/psychology/psychology-minor/>

University Transfer Contact Information

Transfer Admission & Recruitment  
University of Oklahoma  
[www.ou.edu/transfer](http://www.ou.edu/transfer)  
Contact: 405.325.2151  
[transfer@ou.edu](mailto:transfer@ou.edu)

For The University of Oklahoma:

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Dr. Randall Hewes, Ph.D., Interim Dean of the Dodge Family College of Arts & Sciences

Date

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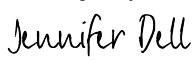
  
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Dr. David McLeod, Ph.D., Director of the Anne and Henry Zarrow School of Social Work

Date

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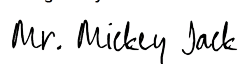
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Jennifer Dell, MSW, LCSW, Undergraduate Social Work Program Director

Date

For Oklahoma City Community College

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Mickey Jack, Assistant Vice-President of Academic Affairs

Date

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Dr. Kathryn Earl-Wilcox, Ph.D., Dean of Instructional Development

Date

Please return the finalized and signed Transfer Pathways document in digital form to [provost.ou.edu](http://provost.ou.edu). If you have any questions, please call Johnnie-Margaret McConnell, Director of Transfer Student Success, [johnniemargaret@ou.edu](mailto:johnniemargaret@ou.edu) or (405) 325-3979.